



Forklift Training Course

The Training course will comply with current OSHA Training Standards 1910.178 (1) (1-3).

The employer shall ensure that each powered industrial truck operator is competent to operate a powered industrial truck safely as demonstrated by the successful completion of train and evaluation required.

Forklift Training Program:

Under OSHA forklift certification requirements, trainees may operate a powered industrial truck only.

Under Direct supervision of a person who has knowledge, training and experience to train operators and evaluate their understanding, in an environment that does not put others in danger.

Forklift Certification Requirements Include a Combination of the Following:

1. Formal Instruction (Lecture, Discussion and Written Material)
2. Demonstrations and Exercises Performed by the Trainee
3. An Evaluation of the Operator's Performance in the Workplace.

Forklift Training Program Content:

Operators shall receive initial training in the following topics, with the exception to the topics that a forklift employer can prove are not relevant to their workplace, in order to fulfill forklift training requirements.

Truck Related Topics:

- * Operation Instructions, Warning and Precautions
- * Types of Forklifts
- * Picking up a Load and Traveling with It.
- * Controls and Instrumentation
- * Engine or Motor Operation
- * Steering, Maneuvering, Balance and Stability
- * Vehicle Load Capacity
- * Vehicle Pre Use Inspection and Maintenance That the Operator Will Be Required to Perform
- * Refueling/Charging/Recharging Batteries
- * Parking Forklift

Workplace Related Topics:

- * Surface Conditions
- * Composition and Stability of Loads
- * Load Manipulation, Stacking and Un-stacking
- * Pedestrian Traffic
- * Narrow Aisles and Restricted Areas
- * Negotiating Hazards
- * Operating on Ramps and Sloped Surfaces

After Completing the Program Forklift Operators Will Have the Following Skills:

- * Identify the Different Types of Forklifts and Their Basic Controls
- * Discuss the Center of Gravity and Stability Triangle Concepts
- * Explain What to Look for When Performing a Pre-Use Inspection
- * Discuss How to Park, Charge, Refuel and Perform Maintenance

Course Materials Included:

Employee Hand Book
Wallet Card
Certificate of Training
Poster

Optional Items Available

Operator Daily Checklist
Inspection Safety Tag